achēv SENIORS ENGAGE & THRIVE



COMMUNITY KITCHEN IN-PERSON COOKING CLASS FOR NEWCOMERS & 55+

In Collaboration with SEVA Food Bank

seva food bank
an initiative of Sikhs Serving Canada

Tuesday, December 1, 2026 | 11:30 a.m. - 1:30 p.m.

60 West Drive, Brampton, L6T 3T6

Step into a world of culinary delight and join us in person for an unforgettable experience tailored specifically for newcomers & 55+. This event connects participants in a warm and inviting atmosphere, where the joy of learning meets the pleasure of preparing delicious meals from an expert chef.



Eligibility - Permanent Residents and Convention Refugees

Spots are limited and available on a first-come, first-served basis.

Registration confirmation is required to participate.

REGISTER NOW

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