achēv SENIORS ENGAGE & THRIVE



SENIOR CONVERSATION CLUB: IN-PERSON SESSION

Monday, October 26, 2026 | 10:30 a.m. - 11:30 a.m.

Join our welcoming Senior Conversation Circle, a friendly space for adults aged 55+ to connect with others, build meaningful friendships, and engage in conversations that support overall well- being.

The following topics will be discussed at the in-person session:

- Making friends at different stages of life
- The friendship recipe activity
- Friendship timeline journey

Let's come together to support one another, make new friends and enjoy meaningful conversations that nurture health, happiness, and connection.

REGISTER NOW

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