

COOKING & CONNECTION CIRCLE FOR SENIORS: IN-PERSON ACTIVITY



In Collaboration with
SEVA Food Bank



Tuesday, September 8, 2026 | 11:00 a.m. – 1:00 p.m.

**Venue: Seva Food Bank, 2832 Slough Street
Mississauga (Malton) L4T 1G3**

Join us in person for a warm, welcoming experience where food brings us together! Learn new recipes and cooking techniques, connect with others, and share in the joy of creating a delicious meal. Let's cook together, eat together, and build community – one dish at a time.

Limited spots available.

Registration is required to attend this event.

**For questions, email:
maltonNIC@achev.ca**

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