

**COOK, CONNECT & CREATE –
FREE IN-PERSON COOKING
CLASS FOR NEWCOMERS &
SENIORS 55+**



In Collaboration with
SEVA Food Bank



an initiative of Sikhs Serving Canada

Thursday, August 20, 2026 | 11:30 a.m. – 1:30 p.m.
60 West Drive, Brampton, L6T 3T6

Step into a world of culinary delight and join us in person for an unforgettable experience tailored specifically for seniors 55+. This event connects seniors in a warm and inviting atmosphere, where the joy of learning meets the pleasure of preparing delicious meals from an expert chef.



Eligibility – Permanent Residents and Convention Refugees
Spots are limited and available on a first-come, first-served basis.
Registration confirmation is required to participate.

REGISTER NOW



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