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## A Terrible Toothache

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Poor, poor Mark! Mark woke up this morning with such a terrible toothache. He can't drink his coffee because his tooth hurts too much. He can't chew his bread or even brush his teeth because his tooth hurts too much.

Mark goes to see his dentist. The dentist checks Mark's tooth and takes an x-ray of it. The x-ray shows that Mark's tooth has a cavity. He needs a filling to repair the tooth.

Mark makes a follow-up appointment. Before he leaves the dental office, the dentist reminds Mark of how to take proper care of his teeth. She tells him to brush his teeth at least twice a day and to floss at least once a day. She also tells him to drink less coffee and to eat less sugar.