

SEEDS TO FOODS: VIRTUAL SESSION

In Collaboration with Toronto and
Region Conservation Authority



Tuesday, April 21, 2026
11:00 a.m. – 12:30 p.m.

With the planting season just around the corner, we invite you to join our informative and engaging session to learn about:

- The importance of seeds
- Different shapes and types of seeds
- Conditions required for healthy seed growth
- The importance of seeds to humans, animals, and global biodiversity

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