

IN-PERSON SESSION

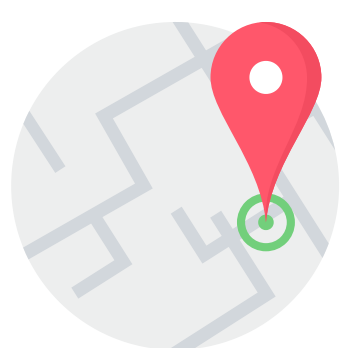
SURVIVOR-LED SUPPORT GROUP

Wednesday, February 4, 2026 | 1:00 p.m. – 2:30 p.m.

**A Safe and Supportive Space for Women
to Connect and Heal**

Join this FREE 6-session support group to reflect, learn, and share with other women at any stage of their healing journey:

- A confidential and welcoming environment
- Community support through shared lived experience
- Knowledge about the dynamics of abuse
- Peer support for healing and growth



**90 Burnhamthorpe Road West,
Mississauga, ON L5B 3C3 (14th Floor, Suite 1404)**

Register via. Email:
dfernandes@achev.ca

REGISTER NOW

Connect with Achēv:      