

LAUGHTER HEALING CIRCLE: WEBINAR

In Collaboration with
The Neighbourhood Organization



Tuesday, February 24, 2026
11:00 a.m. - 11:30 a.m.

If you forget to laugh because of stress, worries or loneliness, join us! We will laugh together as a form of exercise, known as laughter yoga. No experience needed. No equipment needed. Just be as you are.

Register by phone or email:
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