



SENIORS ENGAGEMENT
& EMPOWERMENT NETWORK

GETTING THE MOST FROM YOUR HEALTHCARE APPOINTMENT: WEBINAR



Thursday, February 19, 2026
11:00 a.m. - 12:00 p.m.

This interactive workshop focuses on what to do before, during, and after an appointment, preparing and empowering individuals to communicate more effectively with their health care provider. Learn the questions to ask and skills to apply.

Register by phone or email:
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