

PSYCHOLOGICAL SAFETY IN THE WORKPLACE & BOUNDARIES WITHOUT GUILT: WEBINAR



Thursday, December 11, 2025 | 10:30 a.m. - 12:00 p.m.

In this webinar, you will learn how to:

- Feel more confident in expressing your thoughts and needs
- Protect your time, energy, and well-being
- Discover tools to support teamwork, communication, and self-respect

Eligibility Criteria:

- **Permanent Residents or Convention Refugees with a valid PR card, Confirmation of PR or Notice of Decision**

This webinar is jointly organized by Achēv's Women's Connection & Empowerment Program and Stronger Together Program.

Register by phone or email:

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[Register Online](#)



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