

SAFE VOICES: IN-PERSON PEER SUPPORT GROUP

**RISE (Resilience. Independence. Support. Empowerment)
Supporting Women Experiencing Gender-Based Violence**

In Collaboration with Survivor
Advocates for Empowerment (SAFE)
By Survivors, For Survivors



Tuesday, April 29, 2025 | 1:00 p.m. - 2:30 p.m.
90 Burnhamthorpe Road West, Suite 1404
Mississauga, ON L5B 3C3

Empowering survivors and providing resources for moving past abuse.

Schedule:

Week 1: Self-Compassion

Week 4: Boundaries Set

Week 2: Fear In

Week 5: Self-Compassion & Empowerment

Week 3: Boundaries Crossed

Week 6: Setting Goals & Achievements

Register By Email:

dfernandes@achev.ca

437-431-1639

Follow Achēv on:

