

INTERNATIONAL WOMEN'S DAY: IN-PERSON EVENT



Thursday, March 13, 2025 | 11:00 a.m. – 1:00 p.m.

Join us to celebrate Client Appreciation Day with a Zumba session led by Andrea Casco, a certified Zumba instructor. Andrea's choreography is creative and fun, and her teaching style makes even the most straightforward moves fresh and dynamic.

In this activity, you will learn some basic, easy movements. The simplicity of the activities is part of the class's appeal. If you find some moves challenging, you can substitute with lower-impact alternatives you feel more comfortable with.



Refreshments will be provided and you'll get a chance to win prizes in our raffle drawings.

Child care will be provided during the session, if needed.

Location:

690 Dorval Dr., Suite 100, Oakville, L6K 3X9

Register by phone or email:
(905) 875-3851 Ext. 5008
nicoakville@achev.ca

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