

## FREE IN-PERSON COOKING CLASS FOR 55+



In Collaboration with  
SEVA Food Bank



**Thursday, February 6, 2025 | 11:30 a.m. - 1:00 p.m.**

Step into a world of culinary delight and join us in person for an unforgettable experience tailored specifically for seniors 55+. This event connects seniors in a warm and inviting atmosphere, where the joy of learning meets the pleasure of preparing delicious meals from an expert chef.



**Seats are limited and available on a first-come, first-served basis.  
Registration deadline - February 4, 2025 at 12 p.m.**

Registration confirmation required to participate.

**For more information:**  
(905) 595-0722 Ext. 4000  
becnic@achev.ca

Follow Achēv on:  
     