

BUILDING SELF- CONFIDENCE AT WORK: WEBINAR



Tuesday, September 10, 2024
10:00 a.m. - 11:30 a.m.

Topics to be covered:

- How to increase self-confidence
- Affirmations for self-confidence
- How the way we feel about ourselves affects our job search
- Emotional well-being and mental health



Register by phone or email:

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