

## IN-PERSON CANADA DAY CELEBRATION



**Thursday, June 27, 2024**  
**12:00 p.m. – 1:00 p.m.**



Join us for an interactive activity as we celebrate Canada Day. A certified dance instructor, Yvonne, will demonstrate light dance moves to keep you engaged. Dance helps with the body-mind integration and flexibility, so be ready to move and dress up in RED!



**50 Burnhamthorpe Road West, Suite 300,  
Community Door, Mississauga, ON, L5B 3C2**

**Light refreshments will be served and prizes will be given away.**

**Register by phone or email:**  
**(905) 949-0049 Ext. 1266**  
**nicssx@achev.ca**

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